



Sun Smart Policy

May 2022 review May 2025

Purpose

The purpose of the policy is to ensure that all students attending Colonel Light Gardens Primary School are supported in practical ways to protect themselves from skin damage caused by the harmful ultraviolet rays of the sun. Sun exposure during childhood and adolescence is a critical factor in determining future skin cancer risk. When the UV radiation level is 3 or above it is strong enough to damage unprotected skin. Colonel Light Gardens Primary School uses a combination of sun protection procedures in terms 1, 3 and 4 and 3 and above in Term 2. When the UV is below 3 in term 2, sun protection is not necessary to provide adequate vitamin D.

Staff are encouraged to access the daily sun protection times via the widget on Sentral. The widget is also on the school's website.

Clothing

Students will wear sun protective clothes (not tank tops, singlets) for all activities. The school uniform includes tops with collars and longer style sleeves, and longer style shorts, dresses and skirts. For Work Health and Safety, staff, OHSC staff and sporting coaches and coordinators are required to be positive role models who practice sun smart behaviours including wearing a sun protective hat, clothing, sunscreen, sunglasses and seeking shade.

Sunscreen

We encourage every family to apply or have your child apply their own sunscreen prior to coming to school every day, especially on projected high UV days

All classes been provided a 1L bottle of Hamilton sensitive SPF50 sunscreen with a 4 hour coverage time.

Time will be provided for sunscreen application before or (for the older classes) as students go out to play at GOZEN.

If this sunscreen brand is not suitable for your child's skin, families will need to provide their own suitable brand and give it to the child to bring and apply. Younger students can give it to the class teacher so the teacher can supervise application when all other children apply the Hamilton sunscreen.

Hats

Students will wear broad brimmed or legionnaire style hats whenever they are involved in outside activities. This includes hats for out of school hours sporting activities, school excursions and the out of school hours care program. Students are required to wear a style of hat that gives protection to the face, neck and ears. Hats must be worn when the UV rating is 3 or above.

Students without appropriate hats or who are not wearing hats, are to spend play times in the shade area under the big pine tree. Our policy is 'no hat play under the shady tree, COLA or shaded area.

For health reasons, hats cannot be 'on loan' if a student has forgotten or lost his or her hat. Children are encouraged also to wear a hat to and from school. Hats should be in school colours. The approved school sun safe hats are available from the uniform supplier.

Curriculum

Programs on skin cancer prevention are included in the curriculum for all year levels.

Sun Smart behaviour is regularly reinforced and promoted to the whole school community through newsletters, school homepage, parent meetings, staff meetings, school assemblies, student and teacher activities and in student enrolment packs.

On enrolment of their child at Colonel Light Gardens Primary School parents and carers will:

- be informed of the Sun Smart Policy, in the School Information Booklet
- be required to provide a suitable hat every day for their child's use in all outdoor activities
- be invited to provide, if they so desire, a 30+ broad-spectrum, water resistant sunscreen for their child's daily use at school
- be encouraged to practice skin protection behaviours themselves, as positive role models for their children and to reinforce the Sun Protection Policy to their children.

Out of School Hours Care

As before and after school hours care operates outside of the peak UV radiation times of the day, the following sun protection implementation times applies:

Before school care:

Sun protection is not required as the UV radiation levels are rarely above 3 during this time.

After school care:

Sun protection is required whenever the UV is 3 and above. Staff are encouraged to access the daily sun protection times to determine if sun protection measures are required.

Vacation care:

Sun protection is required for all outdoor activities if the UV rating is 3 or above.

The information has been extracted from the [Cancer Council SA SunSmart policy](#)