



ALLERGIES POLICY

Ratified September 2023

RATIONALE

At Colonel Light Gardens Primary School, we aim to support all students in achieving positive health outcomes. The school will regularly promote this policy and its purpose to ensure the community is informed and understands Allergy awareness.

The school's intention is to provide a safe learning environment for all members of the Colonel Light Primary community by lessening the possibility of severe allergic reactions to allergens such as nuts, egg and dairy, as determined by specific needs of students. Anaphylaxis or anaphylactic shock is a systemic allergic reaction that can be fatal within minutes; through swelling that shuts off airways or through a dramatic drop in blood pressure.

RESPONSIBILITIES

Leaders

- Promote safe practices through newsletter & other correspondence.
- Will promote the ASCIA anaphylaxis e-training for Australasian schools 2023 course [ASCIA anaphylaxis e-training: Log in to the site \(allergy.org.au\)](https://allergy.org.au) created by the Australasian Society for Clinical Immunology and allergy (ASCIA) for staff.
- Discuss allergy awareness at the start of each school year and when there is a new student enrolment with an allergy.

Staff

- Will be informed of any student with identified allergies.
- Are aware that an in date Epi-pen will be on hand in the medical cupboard in the main office and will be unlocked during school /OSHC hours for easy access.
- Are required to take Epi-pens, medications and medical plans on any camps and excursions.
- Will participate in training for understanding and dealing with Anaphylaxis as part of first aid accreditation.
- Relief teaching staff will be advised of students with allergies as per class lists and through the yard duty bag
- Will be responsible for any food shared during special days to ensure the safety of those children in their class.
- Will initiate whole class discussions about allergies and how to keep everyone safe.

Administration staff

- Will request specific Information and an Anaphylaxis Action Plan provided by a medical practitioner requested from the family at the time of enrolling a student with an allergy, including an up-to-date action plan, labelled medication, and a medication agreement.
- Will provide a copy of each student's allergy action plan in the class roll book.
- Will ensure all medication is clearly labelled in the medical cupboard in the main office as a central point in case of emergency.
- Senior First Aid Admin staff will attend any child displaying an allergic reaction in their classroom.
- Will ensure that the medical cupboard is accessible and unlocked during school / OSHC hours

- Will create and provide teaching staff with cards to attach to yard duty bags, identifying any student across the school with known allergies.

Parents

- Will provide up to date medication and action plans.
- Will ensure that their child is aware of their allergy.
- Check in with the classroom teacher to ensure that they feel confident managing their child's allergies.
- Parents and caregivers are requested to not send food to school that contain nuts. In particular, peanut butter, Nutella, peanut oil or other foods considered to be nut based
- Will be provided with information about allergies within their child/children's class.

Students

- Students are encourage to eat their own food and not share food at eating times
- Are aware of their own allergies and know what they can eat with support from the classroom teacher.

We acknowledge that due to modern day food processing practices it is impractical to eliminate nuts, nut products and other food allergens entirely from an environment where there is food and as such, that students with allergies and their parents play a strong role in keeping themselves safe through the monitoring of their food intake.